

Love Your Tree



December 6, 2008
10am-12 noon



Artist Workshop to Promote a Healthy Body Image

College students & Young adults ages 17-25

Love Your Tree is a creative arts workshop facilitated by local art therapist, Julia Andersen. Based on material from Eve Ensler's play, "The Good Body" *Love Your Tree* is designed to help promote a positive body image in young adults and college students across Maryland. In conjunction with the 2008 *Love Your Tree* Call for Posters, sponsored by the Center for Eating Disorders at Sheppard Pratt. Artists will be inspired to create one poster entry which expresses their personal vision in response to, "Like a tree my body is...". Emphasis will be placed on the power of imagery and metaphor to celebrate diversity, beauty and the individuality of every body shape.

Contact: Diane Margiotti at 23artist@gmail.com to register.