



Bring your friends and join us for a FREE evening
of discussion and creativity.

Love Your Tree

Body Image & Creative Arts Workshop

With Julia Andersen, MA, ATR-BC

“Like a tree, my body is...”

Love Your Tree is an inspiring body image campaign based on the work of feminist writer Eve Ensler. In her play *The Good Body*, Ensler listens to a wise African woman describe the natural beauty of trees, and urges her to stop hating her body and appreciate the diversity of beauty. “Eve, look at that tree. Now look at this tree. Do you hate that tree because it doesn’t look like this tree? You’re a tree, I’m a tree. You’ve got to love your body, Eve. You’ve got to love your tree!”

Visit www.eatingdisorder.org for details about *Love Your Tree*.

Towson’s Body Image Peer Educators (BIPE) are available to provide mini Love Your Tree workshops for student groups on campus. Email AVanarsdale@towson.edu to request a workshop for your group!

THURSDAY
NOVEMBER 5th, 2009

6:00 – 7:30 PM

University Union,
Room 206

Basic art supplies will be provided.
No artistic skill is necessary.

This event is **FREE** but
pre-registration is encouraged.

Call 410.704.2512 to register



The Center for Eating Disorders
AT SHEPPARD PRATT

in conjunction with

Towson University Counseling Center
<http://www.towson.edu/counseling/>